Wondering whether you‘re an overindulgent parent? If you answer yes to most of these questions, then there’s a high chance you need to loosen up a bit!

	YES	NO
You buy your son a bike the day before your vacation because you are planning to do a lot of cycling. On the very same day, he breaks something which requires repairs. You drop everything to try and find a repairer or go buy him a new bike because he’ll need it during the vacation		
Your daughter always forgets her homework. You regularly email her teacher to find out the assignments that need to be done		
You regularly email your child’s teacher to find out if they are performing as well as you think they should		
You constantly compare your child’s grades to those of the other kids in his class		
You rarely ask you kids to participate in household chores around the house		
You are involved in almost everything your child does		
You don’t like to see your kids bored and always try to propose things for them to do		
You always know what your kid needs and do the best you can to provide it		
If you don’t help your child with her homework, the homework won’t get done		
You prefer to do things yourself because it’s faster that way and it gets done better		
You are always attentive to your child’s needs		
Your child participates in many extracurricular activities		
You don’t like to see your child looking frustrated		
You believe your child’s activities should always be fun and engaging		